

Child and Family Traumatic Stress Intervention (CFTSI)

Day Kimball Healthcare's Child/Adolescent Behavioral Health program is proud to offer **CFTSI** - an early-stage therapeutic intervention designed to help children, adolescents (ages 7-18 years old), and their parents overcome the impact of traumatic events soon after they occur.

IMPORTANT GOALS:

- To increase parents' understanding of exposure to traumatic events
- To increase their child's ability to communicate feelings & symptoms
- To increase the family's ability to respond appropriately to their child

RESULTS:

The family's ability to support the child leads to improved post-event outcomes. Parents are included in *all* aspects of CFTSI and learn to gain control over the range of emotions that occur when your child has been hurt.

Please call Day Kimball's Child/Adolescent Behavioral Health program at (860)963-6385, ask for Marjorie Gardner, and see if this form of treatment can help your family!

