

# When it comes to managing asthma, we've done our homework!



Our FREE **Putting on AIRS** asthma program has been shown to reduce school absenteeism and lost days at work!

- ✓ A FREE home assessment will identify things that may be triggering attacks or making asthma worse!
- ✓ FREE educational and training materials will help you develop a plan to better manage asthma!



Comments from those who have benefited from a **Putting on AIRS** home assessment:

*“The program has made a world of difference! “AIRS was beyond wonderful.”*  
*“Have not had to go to the MD.” “No missed school days in the past 3 months!”*  
*“The whole program worked wonders!” “Have not needed nebulizer treatments.”*  
*“Went from zero symptom-free days to 14 symptom-free days in a two-week period.”*  
*“Only used rescue inhaler twice in the past month compared to four times in one week.”*  
*“My child is 100% better!”*

Call NDDH direct at 860-774-7350 or ask your child's school nurse for more info.

## Northeast District Department of Health

We **prevent** illness, **promote** wellness, and **protect** your health!

This program is funded by the Connecticut Department of Public Health and the Centers for Disease Control and Prevention

To schedule a FREE **Putting On AIRS** home assessment visit:

Return the form below to your school nurse

-OR-

Call the Northeast District Department of Health at 860-774-7350

**Yes! Please contact me about the *Putting on AIRS* program.**

School Name \_\_\_\_\_

Parent Name \_\_\_\_\_ Phone # \_\_\_\_\_

Student Name \_\_\_\_\_ Grade \_\_\_\_ Age \_\_\_\_ Town of Residence \_\_\_\_\_