



The Putnam Family Resource Center

In Collaboration With

EASTCONN Early Head Start Home Based Program

Is Offering



Putnam Family Resource Center  
33 Wicker St., Putnam, CT 06260  
(860) 963-6940



## A Weekly Playgroup & Wellness Coffee Hour

On Wednesdays from 9:00—11:00 a.m.

The Putnam Family Resource Center Playroom

Putnam Elementary School

33 Wicker Street

Putnam, CT 06260



### Fall 2017 Playgroup Schedule

September 20, 2017

September 27, 2017

October 4, 2017

October 11, 2017

October 18, 2017

October 25, 2017

November 1, 2017

November 8, 2017

November 15, 2017

November 22, 2017

November 29, 2017

December 6, 2017

December 13, 2017

### Our Playgroup Routine Will Include:

- A weekly parenting topic that will be discussed followed by an opportunity to engage with your child around that topic.
- Activities that increase school readiness skills and promote healthy emotional development and regulation in children.
  - A snack time and tooth brushing directly after (snack & toothbrushes will be provided).
- A Wellness Coffee Hour from 10-11 a.m. facilitated by group leader, Christina. The Wellness Hour offers an opportunity for the parents/guardians to share parenting experiences and perspectives with one another. Adults will meet across the hallway, while children are cared for by staff.

