

# Northeast Early Childhood Council



**FREE**  
Take One

## Resources For Families In Northeast Connecticut



Revised: February 2026

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This resource is just a guide. We encourage you to reach out to each organization and visit their websites for detailed, current information on services and programs.

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# Northeast Early Childhood Council

Communities working together to ensure all children, prenatal through age ten, in Brooklyn, Canterbury, Killingly, Plainfield, Putnam, Sterling, & Thompson are healthy, safe, and successful learners.

The Northeast Early Childhood Council (NECC) serves as the Local Governance Partner (LGP) for Early Start CT programs in our seven towns. In partnership with the Connecticut Office of Early Childhood (OEC), NECC connects families to resources and strengthens early childhood services as the region's early childhood hub.

All community members are welcome to join our community table, such as childcare providers, parents, caregivers, agencies, organizations, businesses, educators, schools, & local officials, who have an interest in early childhood and working together on the mission of the NECC. <https://www.ctoec.org/early-start-ct/>



Visit our website:  
[necouncil.org](https://necouncil.org)



Join our list/contact us:  
[necouncil.org/contact-us](https://necouncil.org/contact-us)



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THE MOST RECENT  
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# FAMILY ASSISTANCE

**CT Infoline** ..... **211**  
211ct.org

2-1-1 is a free, confidential information and referral service that connects people to statewide resources 24 hours a day, 7 days a week, online or over the phone. Some examples include childcare, referrals and free tax preparation. For a full list of services please call or visit the website.

**Access Community Action Agency** ..... **(860) 412-1600**  
accessagency.org

Serves low-income individuals & families from Windham & Tolland Counties. Access helps clients with fuel assistance, food, housing, employment, & case management.

**Access Health CT** ..... **1-855-805-4325**  
accesshealthct.com

Access Health CT is Connecticut's official health insurance marketplace. Compare plan options and see if you qualify for financial help, low-cost or free coverage, including HUSKY.

**Brooklyn Cares Community Center** ..... **(860) 412-0060**  
<https://sites.google.com/brooklynschools.org/brooklynct-community-center/home>  
31 Tiffany Street, Brooklyn. Access to food pantry, clothing closet, and more.

**CAFAF-Connecticut Alliance of Foster & Adoptive Families** ..... **24-Hour Caregiver Helpline 1-888-223-2780**  
cafafact.org

Provides services and partnerships to strengthen Connecticut's foster, adoptive, and kinship care families. Available to caregivers 24 hours a day, 7 days a week. Call if you have a question or need to talk.

**CT Birth to Three Program**..... **Make a referral (800) 505-7000**  
birth23.org

Concerned about your child's development? Early intervention programs are available to support eligible families with children, ages birth to 3, who have delays or disabilities. Anyone can make a referral, including parents. No medical provider referral needed.

General Birth to Three Questions: 860-500-4400; Email: CTBirth23@ct.gov

**CT Care 4 Kids – Child Care Assistance** ..... **(888) 214-5437**  
ctcare4kids.com

Care 4 Kids helps low to moderate income families in Connecticut pay for child care costs.



# FAMILY ASSISTANCE



**CT Family Support Network – Northeast**..... (860) 774-4074  
ctfsn.org

Provides support to individuals and families raising children & adult family members with intellectual, developmental disabilities or special healthcare needs.

**Catholic Charities & Family Services** ..... (860) 889-8346  
ccfsn.org

Offers case management & support for emergency basic needs: food, transportation, rental, utility, fuel, prescription assistance, budgeting and financial skills education, job readiness to obtain and maintain employment, pregnancy and parenting support groups, toddler needs, and adoption services.

**Connecticut Parent Advocacy Center, Inc. (CPAC)**..... (860) 739-3089  
cpacinc.org

CPAC is a statewide nonprofit organization that offers information and support to families of children with any disability or chronic illness, ages birth through 26 years.

**DKH Nurturing Families Network - NFN** ..... (860) 928-6541 ext. 7109  
daykimball.org/resources/family-advocacy-programs/nurturing-families-network

Enhances family strengths while supporting parents with their child's growth & development. Provides in-home support, fathering programs & playgroups for expectant families and caregivers of children under 6 years old.

**Domestic Violence Services (CALL OR TEXT 24/7)**..... (888) 774-2900  
ctsafeconnect.com

Provides critical support to victims including counseling, support groups, emergency shelter, court advocacy, safety planning, and lethality assessment, among other services.

**EASTCONN Headstart Programs** ..... (860) 455-0707  
eastconn.org/head-start-early-head-start

Offers home and center-based programs to eligible families. Options include an Early Head Start Program that provides support and resources to pregnant women, children ages birth to 3, and their families. Center-based Programs are available in Killingly, Putnam, and Plainfield.

**FAVOR - DCF Region 3 (Eastern)** ..... (860) 563-3232  
favor-ct.org

FAVOR, Inc. is a statewide, family-led organization committed to supporting families as advocates and partners in education and health outcomes for children who have medical, mental, emotional, and behavioral health challenges to find information, assistance & training.

# FAMILY ASSISTANCE

**Hale YMCA Youth and Family Center** ..... (860) 315-9622

[haleyymca.org](http://haleyymca.org)

Serves youth and families of all ages through programs and activities around youth development and wellness. Provides licensed summer day camp for school-age children (scholarships available). On-site babysitting available for members for infants 6 weeks-10 yrs.

**Interfaith Human Services of Putnam - (IHSP)**..... (860) 928-0169

[ihspputnam.org](http://ihspputnam.org)

Programs include Daily Bread Food Pantry, Diaper Bank of NECT, NU 2 U Clothing Closet, Fuel Assistance, Homeless Support and Prevention, Pathways 2 Success, Other Resources.

**Mainly Clothes Free Clothing Closet** ..... (860) 564-7023

Located at the Moosup United Methodist Church, 13 South Main Street in Moosup, CT.

**Northeast Opportunities for Wellness, Inc. (NOW)**..... (888) 940-4669

[nowinmotion.org](http://nowinmotion.org)

Provides access to social, emotional and physical wellness, regardless of access to financial resources (Fitness, nutrition, sports classes and scholarships).

**PATH of CT** ..... 1-800-399-PATH

<https://pathct.org/>

Connecting and empowering families, children, and youth living with disabilities or special healthcare needs through support, education, and advocacy.

**Read To Grow CT** ..... (203) 488-6800

[readtogrow.org](http://readtogrow.org)

Provides FREE books, literacy resources and workshops to families, child-care providers, teachers, doctors, healthcare groups, library programs, and many nonprofits. Books can be requested online or by visiting your local book place (see website.)

**Salvation Army Emergency Assistance** ..... 211

Funds may be available for emergency assistance for individuals/families, including but not limited to, rental assistance, utilities, car repairs, household items, etc. Call to find your local representative's contact information.

**Senior Resources - Agency on Aging** ..... (860) 887-3561

<https://seniorresourcesec.org/grandparent-support/>

Resources for grandparents and other relative caregivers 55+ stepping in to raise their kin children.



# FAMILY ASSISTANCE

**TEEG (Thompson Ecumenical Empowerment Group)** ..... **(860) 923-3458**  
teegonline.org

For families in Thompson, Pomfret, Putnam & Woodstock. Some services for other Northeast CT towns are offered on a program by program basis. Services for eligible families include clothing vouchers, diaper bank, fuel & energy assistance, food programs, back to school, Hand in Hand parent mentoring program, homeless support and more.

**Together We Blossom** ..... **email: togetherweblossomct@gmail.com**  
<https://togetherweblossom.com/blossom-boutique>

A nonprofit, donation based store committed to providing clothing and toiletries to those in need. individuals and families facing financial hardship can access quality, gently used clothing, necessary toiletries, and baby equipment at no cost. All items are FREE to community members in need of support from the following towns; Thompson, Webster, Dudley, Charlton, Woodstock, Putnam, Pomfret, and Killingly.

**UCFS Healthcare** ..... **(860) 892-7042**  
ucfs.org

UCFS Healthcare provides comprehensive medical, gynecology, dental and behavioral health services for children, adults and families regardless of their ability to pay. Our convenient community health centers are located in Norwich, Plainfield, Griswold, New London and Colchester.

**United Services, Inc.**  
unitedservicesct.org

Services include: Mental Health Care, Addiction Recovery, Primary Care, Parenting / Kinship Care Support & Education, Domestic Violence Program, Senior Programs, Youth Programs, Business & Community Programs.

**Dayville** ..... **(860) 774-2020**  
**Mansfield** ..... **(860) 456-2261**  
**Plainfield (Wauregan)** ..... **(860) 564-6100**

**Women, Infant & Children (W.I.C) Food Assistance Program:** ..... **(860) 928-3660**  
portal.ct.gov/DPH/WIC/WIC

Provides supplemental foods, healthcare referrals, nutrition education & breastfeeding support to low-income pregnant & postpartum women and children up to age 5.



## COMMUNITY PROGRAMS AND RESOURCES

Infoline.....	211
211ct.org	
Big Brother/Big Sister.....	(860) 525-5437
Boy Scouts of America – CT Rivers Council.....	(860) 913-2700
Girl Scouts of CT.....	(800) 922-2770
Hale YMCA Youth and Family Center – Putnam.....	(860) 315-9622
Help Me Grow/Child Development Infoline.....	(800) 505-7000
Killingly Family Resource Center.....	(860) 779-6770
Northeast Opportunities for Wellness, Inc (NOW).....	(888)-940-4669
Plainfield Family Resource Center.....	(860) 564-6411
Putnam Family Resource Center.....	(860) 963-6940
Thompson Ecumenical Empowerment Group (TEEG).....	(860) 923-3458

Visit your Town website for more information on resources/programs.

## HOUSING ASSISTANCE

Infoline.....	211
211ct.org	
Brooklyn Housing Authority.....	(860) 779-3339
Killingly Housing Authority.....	(860) 774-6067
Killingly Section 8.....	(860) 774-3905
Plainfield Housing Authority.....	(860) 230-3022
Plainfield Section 8.....	(860) 230-3022
Putnam Housing Authority.....	(860) 963-6829
Thompson Housing Authority.....	(860) 923-9997
ACCESS Community Action Agency Emergency Shelter.....	(860) 774-4977
CT Housing Finance Authority.....	(860) 721-9501
Connecticut Legal Services - Willimantic.....	(860) 456-1761
Covenant Shelter of New London.....	(860) 443-0537
Habitat for Humanity Northeast CT.....	(860) 442-7890
Holy Family Home & Shelter for Women & Children - Willimantic.....	(860) 423-7719
Plainfield Housing – Elderly/Disabled.....	(860) 779-3339
Thompson Ecumenical Empowerment Group (TEEG).....	(860) 923-3458
United Services.....	(860) 774-2020
The Village at Killingly/Caleb Group.....	(860) 779-0876

# Is Your Family Living In Any Of These Situations?

In a shelter?

In a motel or campground due to the lack of an alternative adequate accommodation?

In a car, park, abandoned building, or bus or train station?

Doubled up with other people due to loss of housing or economic hardship?

*Then your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.*

## Your Eligible Children Have The Right To:

Receive a free, appropriate public education.

Receive transportation to and from the school of origin, if requested.

Enroll in school and attend classes while the school gathers needed documents.

Receive educational services comparable to those provided to other students, according to your children's needs.

Enroll in school immediately, even if lacking documents normally required for enrollment.

Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference.

If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written explanation of its position and inform you of your right to appeal its decision.

*If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available.*



## Contact Your Town's Homeless liaison:

Brooklyn .....	<b>(860) 774-9732</b>
Canterbury .....	<b>(860) 546-6744</b>
Killingly .....	<b>(860) 779-6773</b>
Plainfield.....	<b>(860) 564-6401</b>
Putnam .....	<b>(860) 963-6900</b>
Sterling: .....	<b>(860) 564-2728</b>
Thompson.....	<b>(860) 923-9303</b>



**For a town-by-town list, visit:**

[portal.ct.gov/SDE/Homeless/Homeless-Education/How-To](http://portal.ct.gov/SDE/Homeless/Homeless-Education/How-To)

## FOOD PANTRIES

<i>Access Community Action Agency Food Pantry</i> .....	<b>(860) 412-1600</b>
<i>Brooklyn Cares Community Center</i> .....	<b>(860) 412-0060</b>
<i>Canterbury Cares Food Pantry</i> .....	<b>(860) 546-9007</b>
<i>Community Kitchens of Northeast CT</i> .....	<b>(860) 779-2645</b>
<i>Daily Bread Food Pantry – Putnam</i> .....	<b>(860) 928-0169</b>
<i>Friends of Assisi Food Pantry – Killingly</i> .....	<b>(860) 774-2310</b>
<i>Project Pin Food Pantry – Plainfield</i> .....	<b>(860) 564-5591</b>
<i>St. Vincent de Paul – Norwich</i> .....	<b>(860) 889-7374</b>
<i>TEEG Food Programs</i> .....	<b>(860) 923-3458</b>

## ENERGY ASSISTANCE

<i>Infoline</i> .....	<b>211</b>
<i>211ct.org</i> .....	
<i>Access Community Action Agency Fuel Assistance</i> .....	<b>(860) 412-1600</b>
<i>EverSource Assistance</i> .....	<b>(800) 592-2000</b>
<i>Operation Fuel United Methodist Fuel Bank</i> .....	<b>(860) 774-0106</b>
<i>(TEEG) Thompson Ecumencial Empowerment Group</i> .....	<b>(860) 923-3458</b>

## FAMILY HEALTH NUMBERS

Across the Smiles Generations Dental Van.....	<b>(860) 963-0010</b>
American Red Cross .....	<b>(800) 448-3543</b>
Backus Hospital Plainfield Emergency Care Center.....	<b>(860) 230-2830</b>
Child Development / Maternal Health Infoline.....	<b>(800) 505-7000</b>
Community Providers Association of Mental Health Clinics for Children.....	<b>(860) 257-7909</b>
CT Department of Social Services – Willimantic Office.....	<b>(866) 327-7700</b>
Day Kimball Medical Pediatrics Group .....	<b>(860) 457-9190</b>
Day Kimball Medical Group Internal Medicine .....	<b>(860) 457-9190</b>
Day Kimball Medical Group OBGYN.....	<b>(860) 457-9200</b>
DCF Child Abuse Hotline.....	<b>(800) 842-2288</b>
FAVOR – Family Advocacy for Children’s Mental Health.....	<b>(860) 563-3232</b>
Generations Family Health Center – Danielson .....	<b>(860) 774-7501</b>
Generations Family Health Center – Putnam .....	<b>(860) 963-7917</b>
Generations School Based Health Center – Putnam .....	<b>(860) 928-4698</b>
Hartford Healthcare GoHealth Urgent Care-Killingly .....	<b>(860) 932-2627</b>
Husky Health Program Enrollment ( <i>Access Health CT</i> ) HUSKY A, B, D.....	<b>1-855-805-4325*</b>
	<b><i>*For the deaf or hard of hearing, please dial 711</i></b>
New England Family Medical & Walk-in Center .....	<b>(860) 928-6044</b>
Northeast District Department of Health .....	<b>(860) 774-7350</b>
Plainfield Walk-in Medical Center .....	<b>(860) 564-4054</b>
UCFS Healthcare .....	<b>(860) 892-7042</b>
Nightlight Pediatrics at UCFS .....	<b>(860) 892-7042</b>
ucfs.org/nightlight	
Kids get sick after hours—and UCFS Nightlight Pediatrics is here to help. This walk-in clinic treats non-emergency illnesses for children from newborn through age 18, and you do not need to be a UCFS patient to use it. Open Monday–Friday, 5–9 PM at the Norwich Health Center (47 Town Street). No appointment needed.	
United Services .....	<b>(860) 774-2020</b>



# MENTAL/BEHAVIORAL HEALTH

Every person, child or adult, needs to be emotionally and mentally well in order to live a happy life. Living with mental and emotional issues, including addiction, takes a hard toll on the entire family. When families get help for these issues, the lives of everyone in the family can be transformed. Attitudes change from despair to hope.

The brief directory below has been put together so that families can get help by just making a call or two. Many of the agencies listed provide emergency evening and weekend numbers.

Please refer to the Transit section for help with transportation. Husky users may use the phone number on the back of their card. If you think that you or someone you love might need help, call these experts. Their agencies exist to serve our needs.

## MENTAL HEALTH & BEHAVIORAL / SUBSTANCE ABUSE

CT Infoline ..... **211**  
211.ct.org

2-1-1 is a free, confidential information and referral service that connects people to statewide resources 24 hours a day, 7 days a week, online or over the phone.

### Community Health Resources (CHR)

**(877) 884-3571** | [chrhealth.org/child-family](http://chrhealth.org/child-family)

Assessment and care coordination for children 0-17 with emotional/behavioral difficulties. Care coordinators develop family-centered treatment plans and coordination of services. CHR offers a full range of treatment options from office-based intervention to in home programs.

***You're not alone***

Pregnant or just had a baby? The National Maternal Mental Health Hotline is free, confidential, and here to help, 24/7.

**1-833-TLC-MAMA**



**National Maternal Mental Health Hotline**



Text      Call      Chat



Postpartum depression can affect any new parent. Postpartum depression feelings last longer than those of the “baby blues,” which typically resolve on their own in a few days. Postpartum depression is common and treatable. If you think you have postpartum depression, seek treatment from your health care provider as soon as possible.

[uwc.211ct.org/perinatal-depression-postpartum-depression](http://uwc.211ct.org/perinatal-depression-postpartum-depression)

# MENTAL/BEHAVIORAL HEALTH CONTINUED

## Connecting to Care CT

**1-877-381-4193, Option 5** | <https://www.connectingtocarect.org/>

Find information that will help you better understand, navigate, and find children's behavioral health services near you.

## Day Kimball Hospital Behavioral Health Services

**(860) 963-6385** | [daykimball.org/patient-services/behavioral-health](http://daykimball.org/patient-services/behavioral-health)

Behavioral health services help people of all ages to address a wide range of behavioral and psychiatric conditions through a caring and comprehensive approach that's integrated with the rest of your medical care.

## Dept. of Children & Families Voluntary Services Program

**(800) 842-2288**

The Voluntary Services program is for children and youth with serious emotional disturbances, mental illnesses and/or substance dependency. This program is only for families who are not abusive or neglectful. Parents and families are critical participants in this program and are required to participate in the planning and delivery of services for their child or youth. The Voluntary Services Program promotes positive development and reduces reliance on restrictive forms of treatment and out-of-home placement.

## Domestic Violence CT Safe Connect Hotlines

**(888) 774-2900** | [www.ctsafeconnect.org](http://www.ctsafeconnect.org)

CT Safe Connect is a free, confidential, 24/7/365 hotline where Connecticut-based families impacted by domestic violence can talk (via call, text, chat, or email) with trained advocates who listen, support, and connect them to local resources.

## The Early Childhood Consultation Partnership (ECCP®)

**(860) 704-6378** | [eccpct.com](http://eccpct.com)

The Early Childhood Consultation Partnership (ECCP®) is a strengths-based, mental health consultation program, developed to meet the social/emotional needs of children birth to five. ECCP® is designed to build the capacity of caregivers by offering support, education, and consultation, which promotes the most enduring and optimal outcomes for young children.

## Generations Family Health Center – Behavioral Health

[genhealth.org/programs-a-services/behavioral](http://genhealth.org/programs-a-services/behavioral)

Putnam ..... **(860) 963-7917**

Putnam Middle School..... **(860) 928-4698**

Willimantic..... **(860) 450-0585**

Generations Family Health Center provides a full range of behavioral health services for all ages, including: Diagnostic and Assessment Services, Individual Counseling, Group Therapy, Family and Marital Counseling, Psychiatric Evaluations, Medication Therapy.

# MENTAL/BEHAVIORAL HEALTH CONTINUED

## GIZMO'S Pawesome Guide To Mental Health

[gizmo4mentalhealth.org](http://gizmo4mentalhealth.org)

Gizmo's Pawesome Guide to Mental Health takes an upstream approach to supporting youth's mental health and wellness. The Guide seeks to introduce mental health and wellness and how to care for one's mental health in a non-threatening way that encourages the self-identification of warning signs and when to apply the use of internal and external healthy coping strategies to help reduce risk.

## Mobile Crisis Intervention Services (MCIS)

**211 Prompts 1-1**

[portal.ct.gov/DCF/Behavioral-Health-Partnership/Mobile-Crisis-Intervention-Services](http://portal.ct.gov/DCF/Behavioral-Health-Partnership/Mobile-Crisis-Intervention-Services)

This service provides emergency services including mobile response, psychiatric assessment, medication consultation, assessment, and short-term medication management, behavioral management services, substance abuse screening and referral to traditional and non-traditional services for any family with a child in crisis. The centralized number is accessible 24 hours per day, 7 days per week, 365 days per year.

## National Alliance for Mental Illness (NAMI)

**(860) 882-0236** | [namict.org](http://namict.org)

Offers free information, education, resources, local support groups, and tools to better understand and support you, or your loved ones' mental health journey.

## Parent Guidance

[parentguidance.org](http://parentguidance.org)

FREE library of online courses, developed by leading mental health experts, offers hope, answers, and compassionate help. They make it easier to tackle the tough stuff. Their therapists answer the difficult questions you have about your child.

## Quiet Corner Peer Support Group (QCPS)

<https://www.qcps.net/>

A nonprofit organization dedicated to supporting first responders, veterans experiencing stress, trauma, or mental health challenges. Mission is to provide peer-driven, trauma-informed support that promotes recovery, resilience, and connection. QCPS partners with public safety agencies and community organizations to deliver crisis response, debriefings, education, and early intervention programs like Acute Stress Adaptive Protocol (ASAP) and Spot the Signs.

## SERAC - Supporting & Engaging Resources for Action

**(860) 848-2800** | [seracct.org](http://seracct.org)

Supporting & Engaging Resources for Action, SERAC unites the communities of Eastern CT to reduce the impact of substance abuse, problem gambling, and mental health challenges.

# MENTAL/BEHAVIORAL HEALTH CONTINUED

## Suicide & Crisis Hotline in CT

**988 (Call or Text)** | [preventsuicidect.org/get-help/ct-988](https://preventsuicidect.org/get-help/ct-988)

Services include rapid 24/7 access to trained crisis contact center staff who can help people experiencing suicidal, substance use and other mental health crises, provide referrals to resources, and perform warm transfers to mobile crisis services or emergency services.

To reach the 988 Suicide and Crisis Lifeline, people can call or text 988 or chat at [www.988lifeline.org](https://www.988lifeline.org).

## UCFS Healthcare Child First Program

**(860) 822-4905**

<https://www.ucfs.org/services/behavioral-health/community-based-behavioral-health/>

For infants and children through age 5 who have emotional or behavioral problems, developmental or learning problems, or come from environments in which there is considerable risk to their health and development. Pregnant caregivers can enroll in services. Families receive in-home visits by Clinicians and Care Coordinators

## UCFS Healthcare - Early Childhood ARC Program (ECAP)

**(860) 892-7042**

<https://www.ucfs.org/services/behavioral-health/community-based-behavioral-health/>

An outpatient program that specializes in cases involving children 0-6 and their families that have experienced a stressful or traumatic event and are now having behavior or impairment to their daily functioning.

## United Services

**(860) 774-2020** | [unitedservicesct.org](https://unitedservicesct.org)

Comprehensive behavioral health, mental and substance abuse evaluation and treatment for adults, children and families. Child guidance clinic, family services, emergency and psychiatric consultation under medical oversight. Medication evaluation and management Spanish speaking services available.



## URGENT CRISIS CENTER FOR CHILDREN AND TEENS:



Provides walk-in (no appointment necessary) care to children and teens experiencing an urgent mental health or behavioral health crisis, including: thoughts of suicide or self-injury, feelings of depression, anxiety, or hopelessness, out-of-control behaviors, substance misuse or any mental health crisis. For more information and hours: 860-440-7182  
<https://www.childandfamilyagency.org/urgent-crisis-center/>

# ADDICTION RECOVERY / SUBSTANCE USE PROGRAM & DETOX TREATMENT

## ALCOHOL & DRUG RECOVERY CENTERS

CT Infoline .....	211
211ct.org	
2-1-1 is a free, confidential information and referral service that connects people to statewide resources 24 hours a day, 7 days a week, online or over the phone.	
Community Mental Health Affiliates (CMHA) .....	<b>Appointments/ Referrals (860) 224-8192</b>
.....	<b>Crisis Line (860) 224-3331</b>
Blue Hills Hospital – Hartford .....	<b>(860) 293-6400</b>
Community Health Resources.....	<b>(877) 884-3571</b>
Natchaug Hospital.....	<b>(860) 456-1311</b>
Pathways – Putnam.....	<b>(860) 963-4971</b>
Southeast Council on Alcohol & Drug Dependence (SCADD).....	<b>(860) 447-0381</b>
United Services .....	<b>(860) 774-2020</b>

## SUICIDE PREVENTION & HELP

CT Suicide & Crisis Hotline (24/7) .....	<b>988 (Call or Text)</b>
Southeastern Mental Health Authority .....	<b>(860) 886-9302</b> <b>(866) 859-4500</b>

## SAMHSA's National Help Line

**800-622-HELP** | <https://www.samhsa.gov/find-help/helplines>

## GENERAL / ADDITIONAL INFORMATION RESOURCES

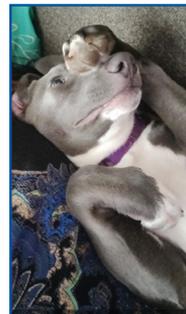
General information on mental health issues, including informational brochures, can be found at the National Institute of Mental Health website: [nimh.nih.gov](http://nimh.nih.gov)

*Information on additional services is available at the CT Mental Health and Addiction Services website: [ct.gov/dmhas](http://ct.gov/dmhas)*

## HEALTH BENEFITS OF HUMAN-ANIMAL INTERACTIONS



It's ruff  
without my  
humans.



# Did You Know About ...?



## Safe Haven Hospitals:

CT has the Safe Havens Act for Newborns:

The Act is a program that allows a parent to voluntarily give up custody of an infant age 30 days or younger, to the nursing staff of an emergency room. parent will not be subject to arrest for abandonment.

[portal.ct.gov/DCF/1-DCF/SAFE-Havens-Act-for-Newborns](http://portal.ct.gov/DCF/1-DCF/SAFE-Havens-Act-for-Newborns) to learn more information and find out which hospitals in our area our designated as “Safe Haven” hospitals.

## Blue Envelope Program:

The “Blue Envelope” was created to enhance communication between a police officer and a driver with autism spectrum disorder.



The purpose of the envelope is to have the driver place their insurance card, registration and driver license in it, so they can hand it to the officer during a traffic stop.

On the outside of the envelope is helpful tips and instructions for both the officer and driver on how to successfully communicate with each other.

### Where do I get the envelope?

The envelopes are available at all DMV locations, police stations, driving schools and through autism advocacy groups.

[https://portal.ct.gov/dmv/resources/the-blue-envelope?language=en\\_US](https://portal.ct.gov/dmv/resources/the-blue-envelope?language=en_US)

## Prescription Drop Boxes:

The prescription drug drop box program provides a convenient location for residents to safely discard unused medications from their homes in an effort to decrease the possibility of prescription drug misuse, water contamination or getting into the hands of young children.



Local Drug Collection Boxes:

State Police Troop D – Danielson CT

CVS – Brooklyn CT

Plainfield Police Department

Putnam Police Department

<https://portal.ct.gov/dcp/drug-control-division/drug-control/local-drug-collection-boxes>

## Safe Kids CT:

[ctsafekids.org](http://ctsafekids.org) provides child safety information on a variety of topics, including finding your local car seat fitting station to ensure proper installation by a Child Passenger Safety Technician.

Find your location: <http://www.ctsafekids.org/child-passenger-safety/>



**SAFE**  
**K:DS**  
CONNECTICUT



## HOSPITAL AND EMERGENCY NUMBERS

Medical Emergency .....	<b>911</b>
CT Safe Connect Domestic Violence Hotline..... (24/7) CALL OR TEXT .....	<b>(888) 774-2900</b> ctsafeconnect.com
Poison Control .....	<b>(800) 222-1222</b>
Sexual Assault Crisis Center of Eastern CT..... 24 HOUR HOTLINE.....	<b>(860) 456-2789</b>
Suicide/Crisis Lifeline..... CALL/TEXT 24/7 .....	<b>988</b>
<b>Day Kimball Hospital:</b>	
Main Number .....	<b>(860) 928-6541</b>
Emergency Department .....	<b>(860) 928-7503</b>
<b>William Backus Hospital:</b>	
Main Number, Norwich.....	<b>(860) 889-8331</b>
Emergency Department, Norwich .....	<b>(860) 823-6389</b>
Backus 24 Hour Urgent Care Center, Plainfield .....	<b>(860) 230-2830</b>
<b>Windham Hospital:</b>	
Main Number.....	<b>(860) 456-9116</b>
Emergency Department .....	<b>(860) 456-6715</b>



## POLICE AND FIRE NUMBERS

Police, Fire, Emergency .....	<b>911</b>
<b>Local Department Numbers:</b>	
Brooklyn Fire Marshal .....	<b>(860) 779-3411 Press 9</b>
Canterbury Constables.....	<b>(860) 546-9693</b>
Canterbury Fire Marshal .....	<b>(860) 230-3013</b>
Killingly Fire Marshal .....	<b>(860) 779-5315</b>
Killingly Police Department .....	<b>(860) 779-3900</b>
Plainfield Fire Marshal .....	<b>(860) 779-5318</b>
Plainfield Police.....	<b>(860) 564-0804</b>
Putnam Fire Marshal .....	<b>(860) 963-6800 ext. 112</b>
Putnam Police (city limits only).....	<b>(860) 928-6565</b>
State Police Troop D.....	<b>(860) 779-4900</b>
Sterling Fire Marshal .....	<b>(860) 564-2904 ext. 113</b>
Thompson Fire Marshal .....	<b>(860) 923-9320</b>

# FREE SOCIAL-EMOTIONAL SUPPORTS FOR FAMILIES

FREE tools from the Pyramid Model help children understand feelings, calm their bodies, and build social and emotional skills. Families can access short videos, visuals, tip sheets, and easy-to-use activities at [ChallengingBehavior.org](http://ChallengingBehavior.org).

## Family Routines Guide:

The Family Routines Guide offers practical strategies to prevent and respond to challenging behavior during everyday family activities like mealtime, bedtime, and transitions. [https://www.challengingbehavior.org/docs/Positive-Solutions\\_Family-Routine\\_Guide.pdf](https://www.challengingbehavior.org/docs/Positive-Solutions_Family-Routine_Guide.pdf)



National Center for  
Pyramid Model Innovations



## Calm-Down Skills:

Tucker the Turtle is a child-friendly story that helps young children learn how to calm down when they have strong feelings. Families can use this simple strategy at home to support emotional regulation. [https://www.challengingbehavior.org/wp-content/uploads/2025/03/TuckerTurtle\\_Story.pdf](https://www.challengingbehavior.org/wp-content/uploads/2025/03/TuckerTurtle_Story.pdf)



# FREE SUPPORT FOR PREGNANT MOTHERS EXPECTING THEIR FIRST BABY- MUST ENROLL BEFORE 29 WEEKS

## Nurse-Family Partnership (NFP)

Pregnancy and becoming a new parent can bring many emotions, excitement, worry, joy, and questions. You do not have to figure it out alone. Nurse-Family Partnership connects you with a registered nurse who provides free trusted support, advice, and information to help you have a healthy pregnancy and a healthy baby.

**(860) 425-6549** | <https://www.tvcca.org/case-management/alliance-for-family-support/>

## What does it cost?

NFP is free for eligible women.



## Your nurse can support you with:

- Breastfeeding
- Nutrition and healthy pregnancy
- Infant care and safe sleep
- Child development
- Building confidence as a new parent

## Eligibility

You may qualify if you:

- Are pregnant with your first child
- Are 28 weeks pregnant or less
- Meet income guidelines
- Live in an area where NFP services are available



# Basic Behavioral & Developmental Screenings for Ages 0-5 using the Ages & Stages Questionnaire

Killingly Family Resource Center .....	(860) 779-6770
Plainfield Family Resource Center .....	(860) 564-6411
Putnam Family Resource Center .....	(860) 963-6940
TEEG .....	(860) 923-3458

➔

**FREE  
Mobile App**



for CT families with children, birth-5



## What is the Sparkler Mobile App?

AC

⚙️

**How's your child doing?**  
Learn about services for CT families.

● ○ ○ ○ ○

**How is your child doing?**  
A new questionnaire is ready for you


➔

**Free Play**


➔

**Tips for Adults**


➔

**Connect with a Coach**


➔

**Add another caregiver to your**

➔

**Be in the know:**

**Developmental & Social-Emotional Screenings:**  
ASQ & ASQ-SE (Ages & Stages Questionnaires®). Track your child's development, from your own home, on your own mobile device. Answer a few questions on the Sparkler app, to keep track of your child's development from 2 months to 5 years.

**Connect:** The results of the screenings will be shared with you. If the ASQ's indicate your child may need some support, 211 or your local early childhood resource will reach out to help you.

**Play and Learn:** Access thousands of fun, developmentally appropriate, off-screen activities to help your child learn through play.



Home



Know



Play



Grow



Connect



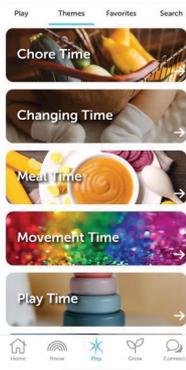
## Download Sparkler:

1. Visit Google Play Store, Apple App Store or Scan the QR Code with mobile device's camera.
2. When prompted, enter **Your Sparkler Access Code:**



Brooklyn: BrooklynPS	Putnam: PUT
Canterbury: CanterburyES	Sterling: SterlingCSD
Killingly: KillinglyPS	Thompson: MRFisher or TEEG
Plainfield: PLF	All Other Towns: CT

3. Choose **“Allow Notifications”**: to receive helpful reminders for screenings & play activity suggestions that are specific for your child's age



**Play to Learn:** Children learn through play, with YOU! Sparkler has over 1,000+ playful activities to help you and your child learn together.



**Coaching:** Get tips and advice from people at your school/program and experts in early childhood development.



## EARLY CARE & EDUCATION OPTIONS

211 Child Care Referral Line.....	(800) 505-1000
For a full list of childcare providers (home & center based) visit: <a href="http://search.211childcare.org">search.211childcare.org</a>	
CT Care 4 Kids.....	(888) 214-5437
<a href="http://ctcare4kids.com">ctcare4kids.com</a>	
Connecticut Birth to Three.....	(866) 888-4188
<a href="http://Birth23.org">Birth23.org</a>	
Regional EASTCONN Head Start Information .....	(866) 763-6481
<a href="http://eastconn.org/head-start">eastconn.org/head-start</a>	
<b>Brooklyn</b>	
Brooklyn Public Schools Preschool Program .....	(860) 774-7577
Village Green Preschool .....	(860) 774-3439
Brooklyn Recreation Before & After School Program.....	(860) 779-3411 ext 7
Carelot Children's Center-Brooklyn .....	(860) 779-0400
<b>Canterbury</b>	
Canterbury Children's Academy.....	(860) 546-1222
Canterbury Public Schools Preschool Program .....	(860) 546-6744
<b>Killingly</b>	
Carelot Children's Center – Killingly.....	(860) 779-0611
EASTCONN Killingly Head Start & Early Head Start .....	(860) 779-0410
EASTCONN Head Start at Killingly High School .....	(860) 779-6793
Killingly Family Resource Center/Goodyear Early Childhood Center/Preschool.....	(860) 779-6770
St. James Preschool .....	(860) 774-3281
The Owl's Nest Day School, Inc .....	(860) 774-4375
Westview Childcare Center .....	(860) 428-0066
<b>Plainfield</b>	
EASTCONN Head Start .....	(860) 564-7199
Kid and Kaboodle .....	(860) 564-5581
Plainfield Family Resource Center .....	(860) 564-6411
Plainfield Preschool Program .....	(860) 564-6432
<b>Putnam</b>	
EASTCONN Putnam Head Start .....	(860) 928-0004
Imagination Station .....	(860) 963-7655
Linda's House: Pediatric Day Care & Preschool.....	(860) 315-5600
Little Explorers Academy.....	(860) 315-9042
Putnam Preschool & Childcare, LLC. ....	(860) 963-2587
Putnam Family Resource Center/Preschool.....	(860) 963-6940
<b>Sterling</b>	
Jordan Preschool & Daycare .....	(860) 774-1881
Loving Start Daycare .....	(401) 269-6255
Sterling Community School/Preschool .....	(860) 564-2728
<b>Thompson</b>	
Building Blocks Child Care & Preschool .....	(860) 923-2162
Little Foot Day Care and Preschool Child Care Center .....	(860) 923-2261
The White Barn Children's Centre .....	(860) 315-7619
Thompson Public Schools Preschool Program.....	(860) 923-9142



## **PARENTS** are their children's **FIRST** and **MOST IMPORTANT** teacher

### BRING OUT THE BEST IN YOUR CHILDREN BY NOTICING POSITIVE BEHAVIOR:

- ✓ Comment on your child's positive behavior.
  - ✓ Notice effort and improvement.
- ✓ Appreciate your child's contributions even if small.
  - ✓ Express confidence in your child.
  - ✓ Express delight in your child often.

### Did You Know These Important Facts?

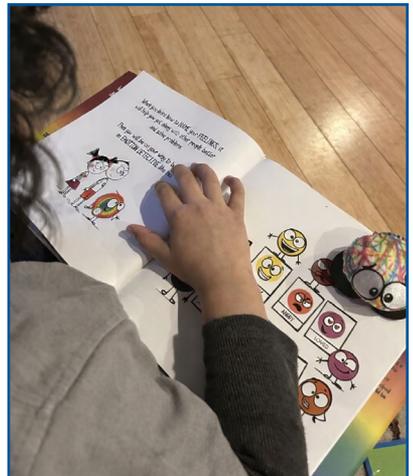
<p>The brain develops 90% of its capacity in the first five years of life.</p>	<p>Oral and dental health from birth impacts overall health and learning.</p>
<p>What an infant or toddler does during the course of a day influences lifelong learning patterns.</p>	<p>The number and variety of spoken words that a child has by age 5 influences their ability to be a successful reader.</p>
<p>Sharing books and reading aloud with your child from birth allows for special time together while supporting the joy of reading, increasing vocabulary, and language development.</p>	<p>High quality preschool or childcare is positively related to children's success in school. Poor quality can have negative effects.</p>

*Enrolling children in a preschool, Head Start, or similar community program provides an opportunity to be with other kids and make new friends. Children can also learn academic basics as well as important social skills.*

**What to Look for in an Early Childhood Program:  
Teachers who:**

Use a gentle tone of voice.	Talk in a warm and friendly way.
Laugh WITH the children.	Show affection to the children.
Respond to children’s needs.	Bend down to speak to children at eye level.
Provide individual attention to children.	Help children learn to get along with others.
Refrain from using a harsh tone of voice or using put-downs.	Understand child growth and development.
Provide exciting and engaging learning activities.	In preschool programs, use the CT Preschool Curriculum Framework to plan learning experiences.

To learn other signs of quality early childcare programs, visit:  
[learningpolicyinstitute.org](http://learningpolicyinstitute.org)



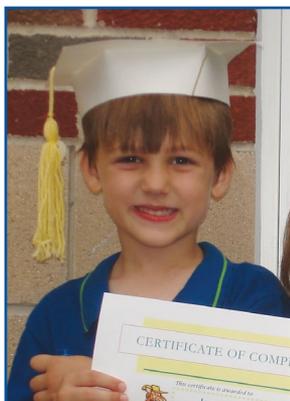
*Choosing a child care program is one of the most difficult and important decisions you will ever make for your child. The following are tips on what to consider when choosing a child care program. The Connecticut Office of Early Childhood (OEC) is responsible for licensing and regulating child care programs in Connecticut.*

## **Need help finding or paying for child care?**

**Do you have questions about child development or  
developmental delays?**

**We can help, please visit or scan the below QR Code:  
[ctoec.org](http://ctoec.org)**





## Steps To Finding A Good Childcare or Preschool

- ✓ Determine if the program is licensed
- ✓ Visit the program
- ✓ Observe staff interaction
- ✓ Consider health and safety
- ✓ Ask Questions
- ✓ Ask for references

For more detailed information and for a list of questions you should ask the Childcare or Preschool.

**Children now must be 5 years old on or before September 1st, to start kindergarten. Contact your local school district's elementary school for more information.**

## Getting Ready for Kindergarten

[https://www.ctoec.org/wp-content/uploads/2023/01/OEC CCDF-Kindergarten-Booklet\\_Final-Digital.pdf](https://www.ctoec.org/wp-content/uploads/2023/01/OEC_CCDF-Kindergarten-Booklet_Final-Digital.pdf)



## AREA SCHOOLS

### Brooklyn ([brooklynschools.org](http://brooklynschools.org))

Brooklyn Elementary School/Preschool.....	(860) 774-7577
Brooklyn Middle School .....	(860) 774-9153
Superintendent's Office .....	(860) 774-9732

### Canterbury ([canterburypublicschools.org](http://canterburypublicschools.org))

Canterbury Elementary School/Preschool .....	(860) 546-6744
Baldwin Middle School .....	(860) 546-9421
Superintendent's Office .....	(860) 546-6950 Press 1

### Killingly ([killinglyschools.org](http://killinglyschools.org))

Family Resource Center/Goodyear Early Childhood Center/Preschool .....	(860) 779-6770
Killingly Central School .....	(860) 779-6750
Killingly Memorial School.....	(860) 779-6680
Killingly Intermediate School.....	(860) 779-6700
Killingly High School .....	(860) 779-6620
Pupil Services .....	(860) 779-6740
Superintendent's Office .....	(860) 779-6600

### Plainfield ([plainfieldschools.org](http://plainfieldschools.org))

Family Resource Center .....	(860) 564-6411
Shepard Hill Elementary School/Preschool .....	(860) 564-6432
Moosup Elementary School.....	(860) 564-6430
Plainfield Memorial School.....	(860) 564-6440
Plainfield Central School.....	(860) 564-6437
Plainfield High School.....	(860) 564-6422
Pupil Services / Special Education.....	(860) 564-6401
Superintendent's Office .....	(860) 564-6404

### Putnam ([putnam.k12.ct.us](http://putnam.k12.ct.us))

Family Resource Center .....	(860) 963-6940
Putnam Elementary School .....	(860) 963-6925
Putnam Family Resource Center/Preschool .....	(860) 963-6940
Putnam Middle School.....	(860) 963-6920
Putnam High School .....	(860) 963-6905
Student Services .....	(860) 963-6926
Superintendent's Office .....	(860) 963-6900

### Sterling ([sterlingspct.org](http://sterlingspct.org))

Sterling Community School .....	(860) 564-2728
Sterling Special Services .....	(860) 564-2720
Superintendent's Office .....	(860) 564-4219

### Thompson ([thompsonk12.org](http://thompsonk12.org))

Mary R. Fisher Elementary School/Preschool .....	(860) 923-9142
Thompson Middle School.....	(860) 923-9380
Tourtellotte Memorial High School .....	(860) 923-9303
Superintendent's Office .....	(860) 923-9581

# School Success Goes Hand In Hand With Good Attendance! Early Years Matter! Establishing Routines Can Help.

**Did You Know Missing 1 or 2 Days Every Few Weeks Can?**

Make a child fall behind.

Develop poor attendance habits that are hard to break.

Make it harder to develop early reading skills.

Affect the whole classroom as learning has to slow down to help children catch up.



**View the Positive Solutions for Families,  
Routine Guide:**

[https://www.challengingbehavior.org/docs/Positive-Solutions\\_Family-Routine\\_Guide.pdf](https://www.challengingbehavior.org/docs/Positive-Solutions_Family-Routine_Guide.pdf)

## PARENTING SUPPORT & CLASSES

CTFSN (Connecticut Family Support Network).....	(860) 774-4070
CPAC (CT Parent Advocacy Center).....	(860) 739-3089
Day Kimball Hospital Nurturing Families Network/Fathering Program.....	(860) 928-6541 ext. 7109
FAVOR (Parents Supporting Each Other).....	(860) 563-3232 Press 1
Killingly Family Resource Center.....	(860) 779-6770
Madonna Place Fatherhood Services (www.madonnaplace.org).....	860) 886-6600
PATH (Providing Hope, Support & Information to Families).....	1-800-399-PATH
Plainfield Family Resource Center.....	(860) 564-6411
Putnam Family Resource Center.....	(860) 963-6940
TEEG (Thompson Ecumenical Empowerment Group).....	(860) 923-3458
UConn Cooperative Extension Center.....	(860) 486-9228
United Services Parent Support Services.....	(860) 774-2020
United Services Kinship Care Social Group.....	(860) 564-6100

**When it builds up, talk it out.**

TALK IT OUT LINE  
1-833-258-5011

For parents and caregivers who need someone to listen, to understand and to talk your feelings out.

# PARENTING SUPPORT & CLASSES CONTINUED

## HAVING A CHILD CHANGES OUR LIVES DRAMATICALLY.

Kids do not come with instructions. Sometimes as parents we feel isolated and frustrated about our abilities and we want to talk with someone who understands.

## PARENTING IS THE MOST IMPORTANT, CHALLENGING, AND REWARDING JOB WE WILL EVER HAVE.

All parents can learn positive skills and better ways to be with children.

## JOINING A PARENT GROUP, CLASS OR MEETING WITH A HOME VISITOR CAN BE HELPFUL.

Many parents who receive help say that it improves life with their children.

Many parents who get support would recommend that others do the same.

# PLAYGROUNDS - FAMILY FRIENDLY

### Brooklyn:

Prince Hill Park ..... **95 Prince Hill Road**

### Canterbury:

Robert Manship Park ..... **50 Lovell Lane**

### Killingly:

\*Owen Bell ..... **580 Hartford Pike**

### Plainfield:

\*Lions Park ..... **8 Community Drive**

\*Wauregan ..... **Chestnut Street**

\*Moosup ..... **Lions Drive**

### Putnam:

Roger Sarette Memorial Playground ..... **Keech Street**

Putnam Library/Municipal Complex ..... **200 School St.**

### Sterling:

Sterling Recreational Field ..... **Sterling Road (across from Sterling Post Office)**

### Thompson:

Wilsonville Playground ..... **Wilsonville/Wagher Rds.**

Community Playground ..... **Rivermill Village, Central Street**

Mechanicsville Park ..... **Old Route 12**

### Woodstock:

Roseland Park ..... **205 Roseland Park Rd**

\*These are Adaptive Playgrounds: include adaptive swings and/or accessible playscape for toddlers to age 5. Most elementary schools have child friendly playgrounds that can be used after 5:00 p.m. or on weekends.



## PUBLIC LIBRARIES

Brooklyn Public Library .....	<b>(860) 774-0649</b>
<a href="http://brooklyntownlibrary.org">brooklyntownlibrary.org</a>	
Canterbury Public Library .....	<b>(860) 546-9022</b>
<a href="http://canterburylibrary.org">canterburylibrary.org</a>	
Killingly Public Library .....	<b>(860) 779-5383</b>
<a href="http://killinglypl.org">killinglypl.org</a>	
Plainfield Public Library (Moosup) .....	<b>(860) 564-8760</b>
<a href="http://aldrichlibrary.org">aldrichlibrary.org</a>	
Putnam Public Library .....	<b>(860) 963-6826</b>
<a href="http://putnamct.us/visit-us/putnam-public-library">putnamct.us/visit-us/putnam-public-library</a>	
Sterling Public Library .....	<b>(860) 564-2692</b>
<a href="http://sterlingct.us/departments/library">sterlingct.us/departments/library</a>	
Thompson Public Library .....	<b>(860) 923-9779</b>
<a href="http://thompsonpubliclibrary.org">thompsonpubliclibrary.org</a>	

Libraries provide families a welcoming environment in which to learn, to connect with other parents, and to find other community resources that can help them thrive. Many offer story hours, events and family activities.

## PARKS & RECREATION DEPARTMENTS

Brooklyn Parks & Recreation Department .....	<b>(860) 779-3411</b>
Canterbury Parks & Recreation Department .....	<b>(860) 546-9693</b>
Killingly Parks & Recreation Department .....	<b>(860) 779-5390</b>
Plainfield Recreation Department .....	<b>(860) 564-1819</b>
Putnam Parks & Recreation .....	<b>(860) 963-6811</b>
Thompson Recreation Department .....	<b>(860) 923-9440</b>
Sterling Parks & Recreation .....	<b>(860) 564-2136</b>

Parks and recreation departments ensure that citizens have spaces to exercise, play, and do other activities to improve their quality of life. Many host family friendly events and programs, run camps and more.

## EMPLOYMENT

Infoline.....	211
211ct.org	
ACCESS Employment Services .....	(860) 412-1600
Employment Services – Danielson.....	(860) 774-4077
Department of Labor.....	(860) 263-6000
Unemployment Compensation Claims - Danielson.....	(860) 423-2521

## JOB TRAINING

Infoline.....	211
211ct.org	
The Arc Eastern Connecticut .....	(860) 774-2827
Danielson American Job Center.....	(860) 774-4077
EASTCONN Northeast Adult Education .....	(860) 779-3770
United Services .....	(860) 774-2020



## ADULT EDUCATION

Infoline.....	211
211ct.org	
Adult Education (Killingly) .....	(860) 779-6672
CT State Quinebaug Valley .....	(860) 932-4000
EASTCONN Community Learning Center-Windham .....	(860) 423-2591
EASTCONN Northeast Learning Center.....	(860) 779-3770
Eastern Connecticut State University.....	(860) 465-5000
Three Rivers Community College.....	(860) 886-0177

## TRANSIT

Infoline.....	211
211ct.org	
Non-Emergency Medical Transportation – (NEMT).....	(855) 478-7350
Northeast Connecticut Transit District – (NECTD).....	(860) 774-3902
Plainfield Recreation Transit Department .....	(860) 564-1819





**Augmentative and Alternative Communication (AAC) Devices**  
 can help children with speech or communication delays and challenges.  
[asha.org/public/speech/disorders/AAC](http://asha.org/public/speech/disorders/AAC)

## TOWN HALLS

Brooklyn Town Hall .....	<b>(860) 779-3411</b>
Canterbury Town Hall .....	<b>(860) 546-9693</b>
Killingly Town Hall .....	<b>(860) 779-5300</b>
Plainfield Town Hall .....	<b>(860) 230-3000</b>
Putnam Town Hall .....	<b>(860) 963-6800</b>
Thompson Town Hall .....	<b>(860) 923-9900</b>
Sterling Town Hall .....	<b>(860) 564-2904</b>

## LEGAL & PROTECTION SERVICES

Infoline.....	<b>211</b>
<a href="http://www.211ct.org">www.211ct.org</a>	
Center for Children's Advocacy .....	<b>(860) 570-5327</b>
Children's Law Center .....	<b>(860) 232-9993</b>
Child Support Enforcement Call Center .....	<b>(800) 228-5437</b>
CT DCF Willimantic Regional Office .....	<b>(860) 450-2000</b>
CT DCF Careline-Report Child Abuse & Neglect .....	<b>(800) 842-2288</b>
CT DCF Ombudsman-Community Relations .....	<b>(866) 637-4737</b>
CT Legal Services – Willimantic.....	<b>(860) 456-1761</b>
CT Safe Connect Domestic Violence Hotline (24/7) CALL OR TEXT .....	<b>(888) 774-2900</b>
CT Women's Education and Legal Fund.....	<b>(860) 247-6090</b>
Disability Rights CT .....	<b>(800) 842-7303</b>
National Runaway Switchboard.....	<b>(800) 621-4000</b>
<a href="http://ctsafeconnect.com">ctsafeconnect.com</a>	
Women's Center of NE CT Sexual Assault Crisis Services.....	<b>(860) 456-2789</b>

# YOUTH SERVICE BUREAUS

## What is a Youth Service Bureau (YSB)?

A YSB is an agency that is responsible for providing services and programs for all youth to develop positively and to function as responsible members of their communities. Additionally, YSBs assess needs of youth, identify gaps in service and coordinate services to fill those gaps. The services YSBs provide may involve programs related to youth development, juvenile justice, truancy prevention, and connection to community resources.

A YSB may recommend or provide for any school-aged child:	
Academic supports which could include credit recovery and/or college prep programs	Referral or access to individual or family mental health services and/or medical care
Parenting classes	Educational advocacy
Mediation	Mentoring
Referral to other community-based intervention programs (including in-home services) targeting truancy and other behavioral concerns	Positive social activities such as art, enrichment, and sports: Referral for clean clothes, healthy food, stable housing, and/or transportation needs

## Youth Service Bureaus

### United Services, Inc.

Brooklyn, Canterbury, Eastford, Killingly, Plainfield and Sterling  
**(860) 564-6100** | [unitedservicesct.org](http://unitedservicesct.org)

### TEEG

Thompson, Woodstock, Pomfret and Putnam  
**(860) 923-3458** | [teegonline.org](http://teegonline.org)

\* Parent referrals are accepted. Contact your local YSB directly.





**It is important that families have the opportunity for their voices to be heard to improve services, systems, and policies.**

Advocacy can start at the local level with your Board of Education or Town Council. Parents can also contact their State Representatives, State Senators and Congressman.

To contact your local Town or Board of Education Members, look at your Town and/or Schools websites.

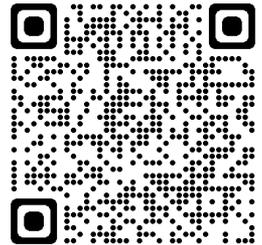
## **UNITED STATES CONGRESS**

**Find Your US Senator or Congressperson:**

**Not sure of your congressional district or who your member is?**

**This service will assist you by matching your ZIP code to your congressional district, with links to your member's website and contact page:**

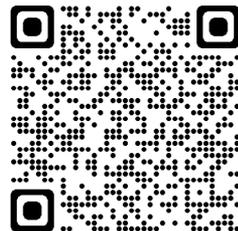
[congress.gov/members/find-your-member](https://congress.gov/members/find-your-member)



## **CT GENERAL ASSEMBLY**

**Find your State Senator or State Representatives by Town:**

[cga.ct.gov/asp/menu/](https://cga.ct.gov/asp/menu/)

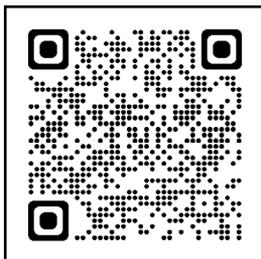


Funding for the printing of this Guide was provided by  
the CT Office of Early Childhood, and  
the CT towns of Brooklyn, Canterbury, Killingly, Plainfield,  
Putnam, Sterling, and Thompson



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